

# Transition Times

January 27, 2009

Information on a regular basis about University Housing at The University of Iowa

**Night Games**  
**Saturday,**  
**January 31**  
**from 9pm-**  
**1am at the**  
**Field House**

## **Planning to “Live On” in the Residence Halls Next Year?**

Then, University Housing’s Live On reapplication process is for you! Choosing your room and meal plan for the 2009-10 academic year is easy. By using the computerized reapplication process, returning residents may confirm their current room, or search for and confirm a different room. Just make sure you watch for the various notices we send or post and be aware of these important deadlines. Follow the instructions provided, and you’re set to go!

### **IMPORTANT DEADLINES!!!**

- January 26, 2009 ..... E-mail and notice in campus mail box sent to all residence hall students’ UI addresses informing them that Live On reapplication process is forthcoming
- January 26, 2009 ..... The Housing Reapplication Guide is available at <http://www.housing.uiowa.edu/liveon/>. Click the blue post-it note.
- February 10, 2009—5:00 p.m. .... Deadline for Application/Contract Signature page and \$120.00 to be turned in to the Contracts & Assignments Office or completed electronically. **If you do not meet this deadline, you will not be able to return to the residence halls next year!!!**
- February 25, 2009..... Letters mailed to residence hall addresses (not e-mail) giving students the date and time they may access the reapplication system (through ISIS) to select a room
- March 3 — 11, 2009..... Access times (priority based on number of hours student will have by May 2009)
- April 3, 2009 —5:00 p.m. .... Deadline to access the reapplication system and select a room or change a room or meal plan choice
- April 9, 2009..... Assignment letters mailed to residence hall addresses
- May 1, 2009..... Contract binding date. **Last day to cancel housing contract for 2009-10 academic year and receive refund of \$100 advance payment. Any cancellation after May 1, 2009 will be subject to the terms and conditions of the residence hall contract.**

**Valentine**  
**Candlelight**  
**Dinner**  
  
**Friday,**  
**February 13th**  
**Burge and Hillcrest**  
**Market Places**  
**Seatings at 5:30pm**  
**and 6:00pm**

- ◆ Pick up a reservation form at the checkstand

Transition Times will be sent to you on a monthly basis during spring semester. If you have any questions about the information in this newsletter or have suggestions for future newsletters contact us at: [housing@uiowa.edu](mailto:housing@uiowa.edu).

**IF YOU HAVE ANY QUESTIONS CONCERNING THE REAPPLICATION PROCESS, PLEASE CONTACT CONTRACTS & ASSIGNMENTS AT 319-335-3009 OR VISIT OUR OFFICE AT 17 BURGE HALL, MONDAY-FRIDAY 8:00 A.M. TO 5:00 P.M.**

# Transition Times

## Meal Plan Changes

### - Attention Residence Hall Students Who Have a Meal Plan

All residence hall students, except upperclass students who live in Mayflower or Parklawn or a room with a University kitchen, are required to have a meal plan as part of the room and board contract. If you want to change to a different meal plan, you may do so at the Contracts & Assignments Office, lower level, Burge Hall. The deadline for changes is this week— 5 pm Friday, January 30, 2009! Please bring your University ID card at that time. After that date, no changes may be made to lower your meal plan.

### - For ONLY upperclass students who live in Mayflower or Parklawn or a room with a University kitchen

In addition to changing your meal plan as explained above, if you are an upperclass student who lives in Mayflower or Parklawn or a room with a University kitchen, you have the option to cancel the meal portion of your room and board contract (if you have a meal plan). To make any changes or cancel your meal plan, come to the Contracts & Assignments Office, lower level, Burge Hall with your University ID card. The deadline to do so is 5pm Friday, January 30, 2009. After that date, no changes may be made to lower your meal plan.

## Television Lineup Changes

Campus Video has made a few changes to the cable TV lineup for the spring semester. They have added additional HD channels on 34.1 & 34.2, 57.1 & 57.2, plus 59.3 through 63.3. In order to make room for these additional HD digi-

tal channels, they had to relocate Oxygen to channel 96 and Animal Planet to channel 97. No channels were eliminated. For a complete channel lineup visit: <http://www.its.uiowa.edu/tns/videoservices/cableservices.htm>.

## Residential Dining Debuts Nutrition Website

To help students and other customers make "Smart Choices for Eating Right," University Housing Residential Dining has unveiled an expanded nutrition website at: <http://housing.uiowa.edu/departments/residentialdining/menus/index.html>.

The site, developed in cooperation with Hawkeye Foodservice Distribution, offers detailed nutritional information on the most popular menu items featured at Burge and Hillcrest Market Places. By listing calorie counts, macronutrient

information (total fat, protein, cholesterol, fiber, etc), and essential vitamins and minerals, the website helps customers choose foods appropriate for their dietary needs.

Each Market Place offers a wide variety of menu options from which to choose. Fresh fruits and vegetables, hearty soups, whole grain selections, and lean proteins are available every day. Climbing the Nutrition Pyramid is easy and delicious at the Market Places!